




More firsts

made possible



Calgary Health Foundation is a community-based charity that raises funds to advance healthcare in our city. We find opportunities to invest in excellence across the entire healthcare system, all to enhance outcomes and improve lives.

Thanks to Calgary Health Foundation-funded initiatives, more people are able to enjoy life's big moments and milestones. The "**More firsts**" concept celebrates the meaningful human experiences made possible by the Foundation's relentless drive to improve healthcare outcomes over the past 27 years.

More advancements.

More breakthroughs.

More firsts for healthcare in Calgary.

Indigenous Land Acknowledgement

In the spirit of reconciliation, we acknowledge that we live, work, and play on the traditional territories of the Blackfoot Confederacy (Siksika, Kainai, Piikani), the Tsuut'ina, the Stoney Nakoda, the Métis Nation (Region 3), and all people who make their homes in the Treaty 7 region of Southern Alberta.

Message

from our leaders

More firsts for healthcare in Calgary

We all deserve healthy, happy lives, with access to world-leading healthcare right here in our city. Advancing that vision is why our team at Calgary Health Foundation comes to work each day. We strive to make a meaningful impact on people's lives through better healthcare for everyone.

Welcome to Calgary Health Foundation's 2023-2024 Annual Impact Report, **"More firsts made possible."** This report shows how, thanks to your support, more people have been able to enjoy life's big moments and milestones. We have seen more medical advancements, more breakthroughs, and more firsts for healthcare in Calgary.

Over the past year, we celebrated some great firsts and ensured significant advancements for the future. Thanks to close collaboration with our stakeholders and the generosity of our donors, we have approved funding—and are actively fundraising for—four transformational and innovative initiatives in minimally invasive surgery. Each of these four initiatives will employ leading-edge technology, resulting in shorter hospital stays and faster recovery times, decreasing the potential for complications, and ultimately enhancing patients' quality of life while reducing costs to our healthcare system.

Through collaboration, philanthropy, and strategic investment, Calgary Health Foundation enables new levels of excellence across the entire healthcare system.

We are very grateful for the strategic leadership and thoughtful guidance Sandy Edmonstone offered as Calgary Health Foundation's Board Chair over the past four years and throughout his 14 years on our Board. We are also thankful to Board Vice Chair Sarah Kennedy, who was appointed Interim Board Chair and has been involved with Calgary Health Foundation for over 11 years. The transition of Calgary Health Foundation Board leadership was completed in April.

Thanks to their hard work and dedication, our staff are meaningfully impacting the lives of people in our community every day.

As you will see throughout this report, donor contributions have a direct impact on advancing care and improving patients' lives—now and in the future.

Thank you to our donors, partners, staff, and volunteers. Your support all adds up to more firsts for more people, helping us advance care for better lives.



Rob Peabody
Board Chair



Murray Sigler
President & CEO

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Our volunteers

Calgary Health Foundation is fortunate to benefit from the experience and expertise of community volunteers. We would like to express our gratitude to all those who commit their time and talent to ensure our organization is well positioned for the future. A special thank you to those whose terms of service to our Board ended in 2023-2024.

Board of Directors

*As of June 30, 2024

Rob Peabody Board Chair	Iveta Andreeva	Sarah Kennedy
Murray Sigler Ex-Officio, President & CEO	Mark Anselmo	Amanda Kousinioris
	Kirk Bailey	Alice Lam
	Nancy Calvin	Tricia Leadbeater
	Chris Eagle	Eda Libin
	Kate Fischer	Rod McKay
	Brianna Guenther	Catherine MacNeill
	Kathy Hnatiuk	Mark Owerko
	Richard Hu	Dave Routledge
	Lesley Hutcheson	

Executive Leadership

- » **Paul Rossmann**
Executive Vice President & Chief Operating Officer

- » **Michael Birnie**
Vice President & Chief Technology Officer

- » **Rebecca Bowman**
Vice President, Philanthropy & Chief Development Officer

- » **Delcie Eldred**
Vice President, People & Culture

- » **James McCurdy**
Vice President, Marketing & Communications

- » **Kathryn Wanvig**
Vice President & Chief Financial Officer

Snapshot

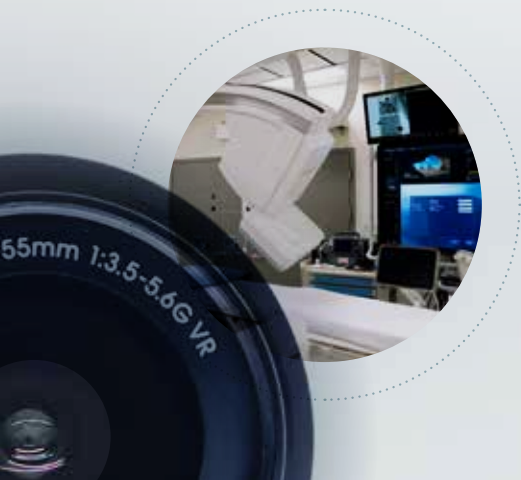
of successes

In the past 27 years, **Calgary Health Foundation** has raised **\$600M+** with the support of community donors.



+ Thanks to an ongoing partnership with the **National Music Centre/ Studio Bell, JB Music Therapy**, and the generous support of our community, we've made it possible to provide life-changing experiences for patients through music therapy in our hospitals.

+ Calgary Health Foundation awarded three **Indigenous Health** scholarships to students last June for showing excellence in pursuing education in a healthcare field and for their dedication to helping their community.



- + We have continued celebrating successes as a result of our **\$152M Newborns Need** campaign, including the opening of the James and Patricia Burns Simulation Lab, which will improve care for newborns. Room mockups for the NICU expansion at Foothills Medical Centre have also been completed. As a result of this expansion, bed spaces will increase from 39 to 52, plus three temporary use spaces.
- + Nearly **\$34,000** was raised in February 2024 for **Heart Month**. This will be used for funding two more cardiac catheterization labs in order to deliver the very best possible outcomes for patients.
- + With the support of nearly 2,500 **Champions of Health** (our monthly donors), our hospitals are better equipped to plan for future needs. Contributions totalled over **\$800,000**, funding state-of-the-art technology, innovative programs, research, and education.
- + We launched **Heroes in Health** at all four hospital sites. Heroes in Health is part of our Grateful Patient initiative. Patients and their families can visit our website to make a gift through Calgary Health Foundation and recognize their healthcare heroes. Over the last year, we received **\$134,000** in donations from Grateful Patients.
- + Through your generosity, we raised **\$62,786** on **Giving Tuesday 2023**. Thanks to a generous donor, your gifts were matched, resulting in a total of **\$125,572** to purchase four new brain stimulation machines at Foothills Medical Centre and Peter Lougheed Centre.
- + Through Calgary Health Foundation's support, each of our four adult acute care sites received a **Q-NRG indirect calorimeter** last year. These devices enable dietitians to accurately measure the precise caloric needs and nutritional requirements of patients, including those who have a breathing tube.
- + Your support throughout the holiday season gave us **hope for the holidays**. Hundreds of donors shared patient well wishes and helped us raise over **\$250,000** to support critical mental health initiatives throughout our hospitals and care facilities.
- + A mental health research project, led by Dr. Jacqueline Smith called **EMBER (Exploring Mental health Barriers in Emergency Rooms)** launched in 2023. The EMBER project identifies gaps in knowledge, training, care, and understanding to make urgent changes in how treatment is provided to and received by patients with mental health concerns, and to address the damaging stigma that continues to surround these health problems.
- + We celebrated the opening of the **Early Pregnancy Assessment and Maternity Triage** space at South Health Campus. This new space helps take patients out of the Emergency Department, providing them with a more appropriate atmosphere for their specific care requirements.

More firsts

from physicians

Dr. May Lynn Quan:

More firsts in breast cancer treatment

Through donor support, Calgary Health Foundation is dedicated to funding health projects that make breakthroughs possible for the thousands of people who rely on our healthcare system every day.



Dr. May Lynn Quan has dedicated her career to breast cancer. She is the medical director of the Calgary Breast Health Program, scientific director of SPHERE (Strategies for Precision Health in Breast Cancer), general surgery site lead at Foothills Medical Centre, and a professor at the University of Calgary's Department of Oncology.

Seeing first-hand how treatment advancements can make a difference in the life of someone facing cancer, Dr. Quan has focused her work on making surgery as comfortable and effective as possible.

Surgery requires carefully pin-pointing mammogram-detected tumours, which are too small to locate through a manual exam.

Through the support of Calgary Health Foundation, and a significant gift from Alberta Cancer Foundation, Dr. Quan has been instrumental in bringing a new pilot program to Alberta that will revolutionize the way patients in Calgary experience breast-preserving cancer surgery.

To mark the tumour for removal, patients have traditionally visited an imaging facility on the morning of their surgery to have an invasive, uncomfortable hook wire implanted.

The wire protrudes from the breast and requires the patient to travel to a surgical centre within two hours of its implantation to have the tumour removed, all without accidentally being moved. "Hook wires have been the standard for decades," Dr. Quan says. "The good news is we have made progress and have other ways to identify these lesions."

Over the past five years, Dr. Quan has switched to using the less invasive and more accurate option of implanting radioactive seeds. A Geiger counter is used to read the seed's location, meaning less damage to breast tissue and a less stressful experience for the patient. While these seeds mean a more accurate and less stressful approach to surgery, they have raised concerns about the dangers of radioactivity. Enter magnetic seeds.

The new pilot uses Magseed®, a product which, like the radioactive seeds, involves placing a marker resembling a grain of rice at the tumour site. Unlike the radioactive version, though, these seeds allow surgeons to magnetically locate the marker and, therefore, the tumour without the use of radioactive materials. This means the seeds can sit safely and indefinitely in the breast without risk of dislodging or pain, allowing for less urgent and complicated scheduling, and fewer imaging appointments. The best part: surgeons are more able to remove the tumour in one operation.

"This technology allows us to be efficient with our healthcare resources to improve the patient journey," Dr. Quan says. "We're very excited about the funding from Calgary Health Foundation to bring it to Calgarians and to provide data for the rest of the province so that we can hopefully bring it to patients across Alberta."

Dr. Annalee Coakley:

Supporting Calgary's refugee population

Calgary is one of the primary ports of entry for refugees. This is a fact that Dr. Annalee Coakley, co-director of Refugee Health YYC, and former medical director of the Calgary Refugee Health Program, is very aware of.



As a family physician, Dr. Coakley is focused on caring for vulnerable patients, in particular refugees. It started when Dr. Coakley attended the London School of Hygiene & Tropical Medicine. She had a great interest in the history of tropical disease and after completing her program and returning to Calgary, discovered that working with refugees, who are often from tropical countries, would be a good way to maintain those skills. With this in mind, she joined the Calgary Refugee Health Program, which evolved into the Mosaic Refugee Health Clinic.

Supported by Calgary Health Foundation, the Mosaic Refugee Health Clinic provides essential medical care and health services to newcomers who arrive as refugees. The clinic addresses women's health, family health, children's health, mental health, and offers transition services to support patients in finding a family doctor in their community.

During the pandemic, when refugees had to isolate for two weeks following their arrival in Canada, a grant from TD Bank Group, funded through Calgary Health Foundation, enabled the clinic to expand its staffing to serve refugees while they lived in temporary accommodations. The clinic was also able to hire a position to specifically address health concerns of temporarily housed refugees and provide a number of supports and services,

including access to vaccinations, dental and pharmacy care, prenatal supports, cognitive assessments, counselling, and help with transportation and resettlement.

Recognizing the importance of supporting newcomers, TD has committed to ensuring the best care is available to some of our newest residents by working closely with Calgary Health Foundation to continue funding the Mosaic Refugee Health Clinic. Calgary's refugee health program is recognized as the gold standard, not only in Canada, but globally. When it comes to sharing information about the gold standard of refugee healthcare, Dr. Coakley has spoken on the international stage. She has been invited to Geneva twice to present on how Canada addresses refugee health, and was part of the Global Refugee Forum.

Reflecting on her work, Dr. Coakley is most drawn to the connections she has formed with her patients:

"I came for the tropical disease, but I stayed for the patients. Seeing people come as newly arrived refugee families and then watching them buy their first homes, send their kids to university, become grandparents... it's such a privilege to be able to play a part in their journeys. This kind of work could not be done without Calgary Health Foundation and their incredible donors."

"The generous funding from TD, through Calgary Health Foundation, allowed the Mosaic Refugee Health Clinic to meet the health needs of Afghan newcomers upon their arrival in Calgary. By meeting their needs while they were in temporary accommodations, we were able to provide timely care in the community and prevent their health from deteriorating, requiring the services of our already overloaded hospitals."

—DR. COAKLEY

More firsts

for donors & grateful patients



Chris' story

As a young adult, Chris Blender was diagnosed with Berger disease, a kidney disorder that, over time, can make it difficult for the kidneys to filter waste from the blood.

For many years, Chris found himself navigating the healthcare system while dealing with these issues. He received dialysis at Sheldon M. Chumir Health Centre and was very impressed by the care and compassion shown to him by staff members there: “I can’t say enough great things about the staff at Sheldon Chumir who helped me through this phase.”

Finally, at the age of 49, Chris required a kidney transplant. He had been going into kidney failure for about a year and his only option was a life-saving kidney transplant, which happened successfully in 2019 at Foothills Medical Centre. To thank all the healthcare workers who helped him,

Chris set up a monthly donation to Calgary Health Foundation, and has been donating consistently since 2020, the year after his kidney transplant. For Chris, it is something he can do to help others in the same situation.

“Once you’ve had access to the services provided, you realize how critical they are. I plan on giving for the rest of my days because it’s important to me that others can receive the same level of care that I received.” — CHRIS BLENDER





Access to ancestral wellness practices is essential to reconciliation, healing, balance, healthy communities, and taking steps toward decolonizing our healthcare system.

Did you know?

There is a meaningful, tangible way to say “thank you” to a caregiver, or team of caregivers, who made a difference in your healthcare journey. Consider becoming a Grateful Patient by making a gift to honour a staff member who made a difference.



Cenovus & Elbow River Healing Lodge

Located in Sheldon M. Chumir Health Centre, the Elbow River Healing Lodge opened its doors in 2008, offering primary care services and visiting specialists to Indigenous patients. It is the only Indigenous-focused primary care clinic in Calgary. Cenovus Energy believes advancing Indigenous reconciliation means taking meaningful action. That’s why Cenovus generously donated **\$250,000**, through Calgary Health Foundation, towards the renovation of Elbow River Healing Lodge.

Andrea Louise is the senior Indigenous inclusion advisor at Cenovus. This role includes taking the lead on Indigenous reconciliation as one of Cenovus’ social investment focus areas. As Andrea explains, “[Indigenous reconciliation has been woven into Cenovus’ whole culture in terms of how we conduct ourselves and how we do business. Partnering with Calgary Health Foundation on the renovation of the Elbow River Healing Lodge is one way Cenovus has taken meaningful action in this space.](#)”

As a patient of Elbow River Healing Lodge herself, Andrea sees the great value this facility offers Indigenous people across our community: “I can’t say enough about the facility and the care provided. I have experienced such genuine and authentic care at the Lodge, and truly believe in the value of this renovation.” Providing a culturally safe space is important. Elbow River Healing Lodge was designed to engage patients with wrap-around holistic care. This means that physical, mental, emotional, and spiritual aspects of wellness are all addressed at Elbow River Healing Lodge.



Donna's story

In 2019, Donna Palmer's daughter, Erin, was living in Yellowknife, working for the Northwest Territories Geological Survey when she unexpectedly collapsed at work and had to be airlifted to the Royal Alexandra Hospital in Edmonton in critical condition.

She was diagnosed with autoimmune encephalitis, a rare condition where the body's immune system mistakenly attacks healthy brain cells, leading to inflammation of the brain. After five months, Erin was released from hospital and eventually referred to the Neuroimmunology Clinic at South Health Campus in Calgary. Unfortunately, Erin continued to struggle and succumbed to the illness in January 2023. Donna cherishes the memory of her daughter as a kind and gentle soul—generous, quiet, and conscientious.

"I feel badly that her life was cut short. She was only 52. That's why I want to honour her and have her name remembered with this gift," Donna says. **Donna generously gifted \$100,000 to Calgary Health Foundation to start the Erin Lee Palmer Memorial Endowment Fund, an endowment designated for educational initiatives at the Neuroimmunology Clinic at South Health Campus.** Her hope is that the gift will empower staff to deepen their understanding of autoimmune conditions, foster better connections with patients, and enhance their knowledge of rare medical diseases like her daughter's.

"I want Erin's name to be remembered through the fund. If her experience can lead to other people being treated because medical professionals know more about the disease, then that would be a wonderful legacy."

Did you know?

You can honour the memory of a loved one by making a donation through Calgary Health Foundation. When you make a donation, you transform the memory into a lasting legacy.



More firsts

for Carewest residents



Adults of various ages living with diverse physical, cognitive, and mental health conditions call Carewest home.

The Carewest transportation fleet is vital to the public care provider’s mandate to enhance residents’ quality of life. **Thanks to the generous support of Calgary Health Foundation donors, the newest Carewest vehicle, Bus #47, is at the heart of the Carewest fleet.** With the addition of this new bus, Carewest can continue to offer its residents memorable experiences and opportunities to connect.

More than

just a bus

Leisure outings are only one of the ways Bus #47 is being used. These outings have proven to boost the mood of residents, decrease their depression and aggression, and ultimately have a ripple effect on Carewest staff and the other residents. Day trips to places like Mount Lorette Ponds in Kananaskis, or PaSu Farm just north of the city, allow residents the chance to experience a world that would otherwise be unavailable to them.

“Carewest Bus #47 plays an indispensable role in enhancing the quality of life of residents living at Rouleau Manor. We are truly grateful for the donation that made the purchase of the bus possible.”

—EMILY, RECREATION THERAPIST AT ROULEAU MANOR

Carewest Bus #47 has also been used for regional emergency response and evacuation support. The devastating wildfires Alberta and the Northwest Territories experienced in the summer of 2023 resulted in long-term care and medical patients requiring relocation. Bus #47 was used to transport evacuees to and from the Calgary airport to their temporary shelters around the city.

Did you know?

Through your donations, Calgary Health Foundation supports 12 Carewest facilities in Calgary. Carewest programs and services cover a range of care including long-term care, rehabilitation and recovery services, and community programs.

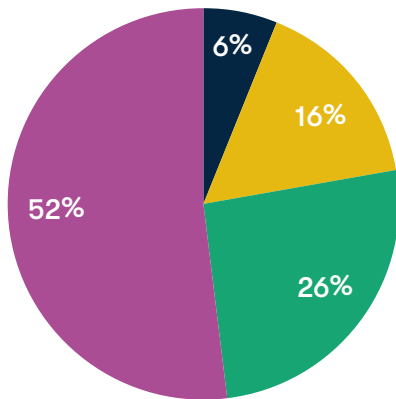
Revenue

+ 2023-2024 Revenue = \$22,512,686*

*Donations, net lotteries revenue, and net event revenue

Donations

Our fundraising activities are benchmarked to industry best practices, and inspire the community to make philanthropic donations in support of our mission.



Foundations	\$4,274,876
Individual donors	\$2,153,827
Corporate donors	\$1,276,194
Estates	\$521,567

\$8,226,464

Lotteries

Our charitable lottery revenues are raised through our three lottery programs—Foothills Hospital Home Lottery, Hospital Home Lottery, and WinWin Staff Lottery.

Our lottery programs have a great return on investment. They are essential to our overall success and make up **61%**, or a net of **\$13,797,475**, of our total fundraising revenue.

We continuously evaluate the return on investment of all our lottery programs. The expenses of these programs include the purchase of prizes and program marketing. We are proud to say that we run some of the most efficient lotteries in Canada.

» Gross revenue	\$33,423,579
» Less prizes	\$12,559,569
» Less other expenses	\$7,066,535

Net revenue \$13,794,475

Calgary Health Foundation is committed to transparency in our reporting.

Our Finance & Audit Committee of the Board ensures we continue to operate both efficiently and effectively, while pursuing opportunities to grow our organization's impact for our donors, our community, and healthcare. We report financial information in two ways: Audited Financial Statements available on the Foundation's website (givehealth.ca/financials2024) and through filing the Registered Charity Information Return (T3010), which can be found on the Government of Canada's website. While both formats utilize the same information, the Foundation's Audited Financial Statements provide a more detailed assessment of the organization's performance.

More firsts

in event fundraising

\$120K



The Country Hills Mercedes-Benz Fashion Show raised **\$120,000** in support of Calgary's neonatal intensive care units (NICUs), ensuring our littlest patients get what they need to thrive.



\$206K



In our 11 years of partnering with the Shoppers Drug Mart Run for Women, your participation and generosity has raised over **\$1.3M** in support of women's mental health initiatives in our community!

In 2023, over 1,500 event participants helped raise **\$206,000** to support the Women's Mental Health Clinic.



\$115K




EllisDon has supported Calgary Health Foundation and many healthcare initiatives over the years. The 2023 EllisDon Golf Tournament raised an impressive **\$115,000!**

This gift will continue to support the emerging needs of our healthcare teams in delivering the best care possible.



\$15K



The Hearts vs. Minds Charity Golf Tournament celebrated its 10-year anniversary, awakening the competitive side of care teams in both Cardiac Sciences (hearts) and Clinical Neurosciences (minds) at Foothills Medical Centre.

The **\$15,000** raised through the tournament benefits each respective department through Calgary Health Foundation.



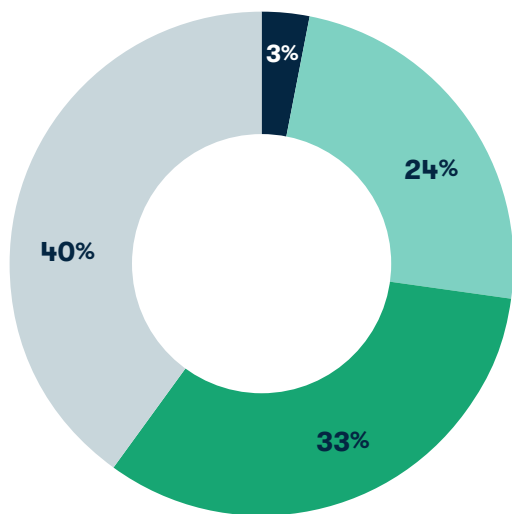
Fundraising efficiency

Calgary Health Foundation raised **\$709,061** per each full-time employee for net fundraising revenues of **\$22,512,686** showing that our small team is able to effectively work with donors in ensuring a big impact.

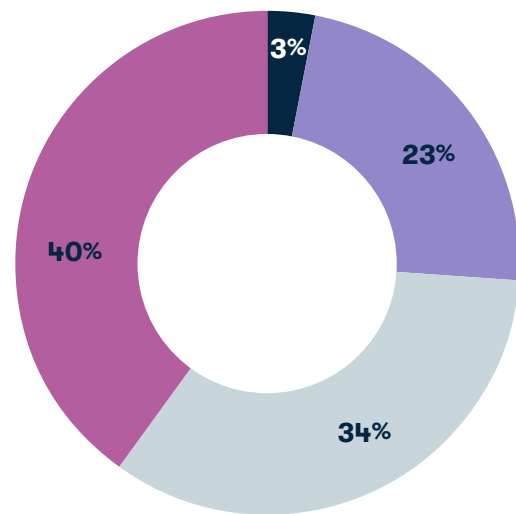
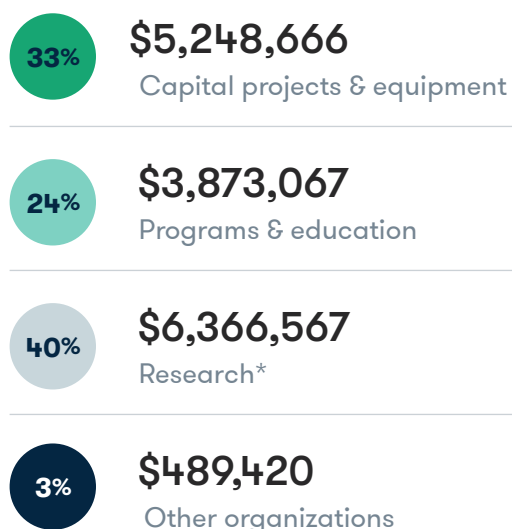
Charitable disbursements

Funds invested to advance healthcare

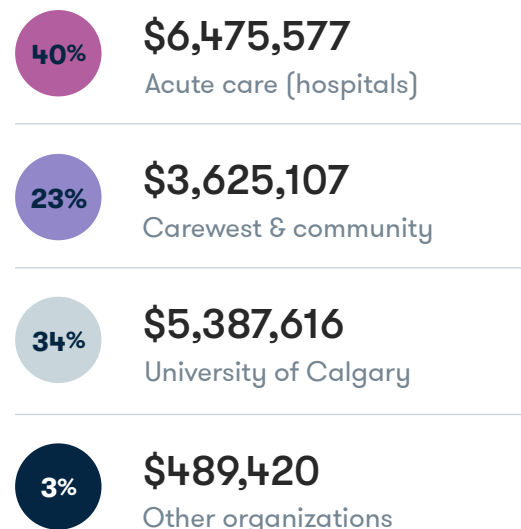
+ Total disbursements = **\$15,977,720**



Disbursements by type



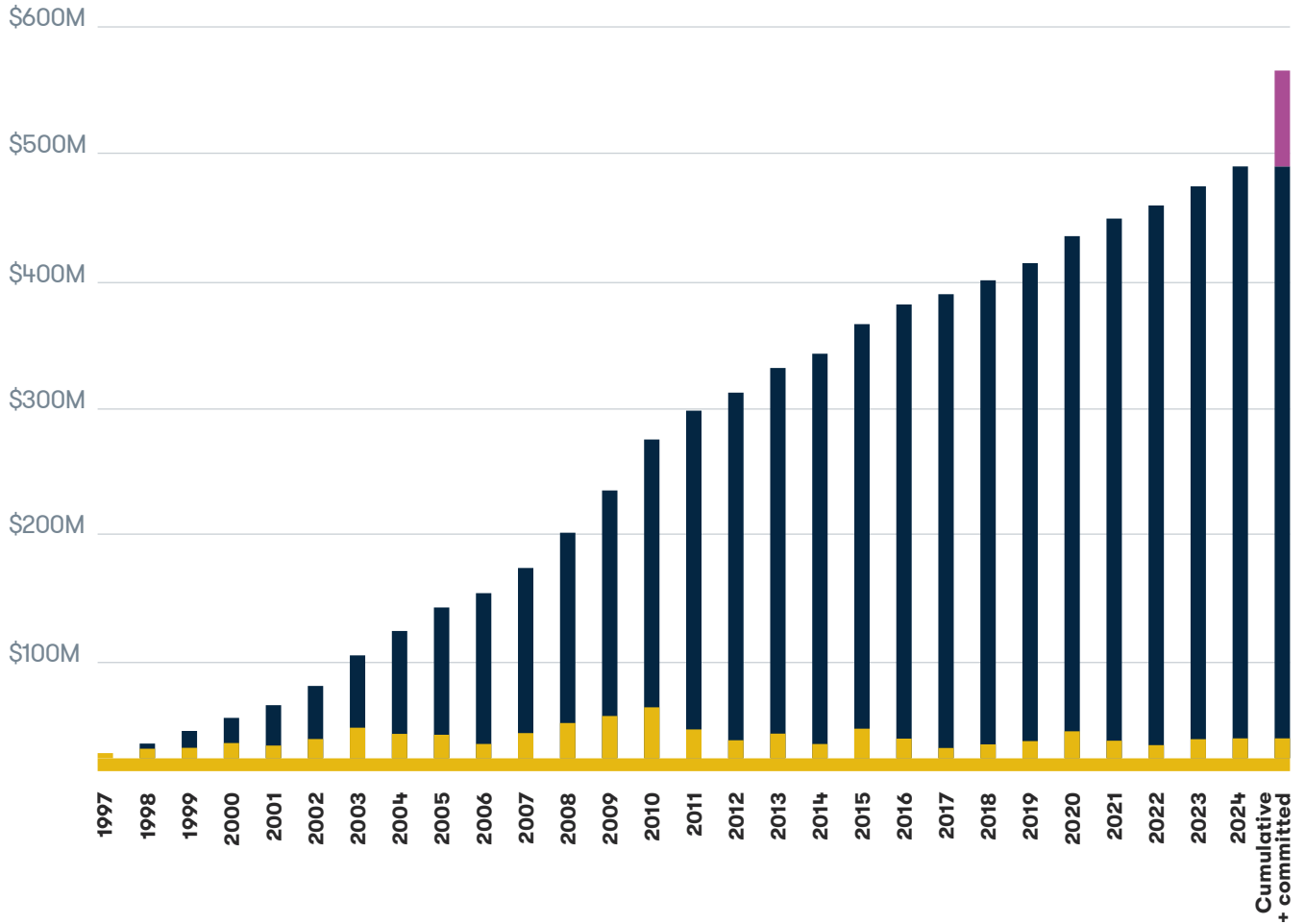
Disbursements by location



* Includes disbursements to the University of Calgary

Cumulative disbursements

■ Per year 2024 = \$16 M ■ Cumulative = \$475 M ■ Cumulative + committed = \$546 M



+ Funding commitments = \$71,131,544

» Less than 1 year	» 2 years	» 3 years	» 4 years	» 5 years + thereafter
\$15,375,533	\$7,517,108	\$3,509,723	\$11,483,091	\$33,246,089

Funding commitments include approved projects with either a signed Funding Agreement or signed Memorandum of Understanding as at March 31, 2024. Other funding will take place on an ongoing basis and we anticipate our future commitments to continue to increase.

Financial statements

2023-2024

On May 29, 2024, our independent auditors, Ernst & Young LLP, issued an unqualified audit report on the financial statements of Calgary Health Foundation for the year ended March 31, 2024. The 2023-2024 audited financial statements, including the independent auditors' report thereon, are available on the Calgary Health Foundation website (givehealth.ca/reporting2024) or by contacting the Calgary Health Foundation office at (403) 943-0615.

The following information summarizes the financial position and the operations and changes in fund balances for Calgary Health Foundation for the year ended March 31, 2024.

Calgary Health Foundation

SUMMARY OF FINANCIAL POSITION

As at March 31

	2024	2023
	\$	\$
Assets		
Cash	85,755,285	85,016,128
Accounts receivable	5,758,119	481,661
Prepaid expenses	1,659,480	1,507,963
Investments – at market value	106,729,608	96,243,340
Other assets	2,156,068	2,280,683
	202,058,560	185,529,775
Liabilities		
Accounts payable & accrued liabilities	2,868,412	2,511,118
Charitable disbursements payable	982,574	747,215
Deferred revenue – lotteries and events	16,556,637	14,225,036
	20,407,623	17,483,369
Fund balances		
Operating fund	22,324,082	22,160,151
Restricted fund	118,957,645	111,705,413
Endowment fund	32,766,110	33,634,590
	174,047,837	167,500,154
Accumulated remeasurement gains	7,603,100	546,252
	202,058,560	185,529,775

Calgary Health Foundation

SUMMARY OF OPERATIONS AND CHANGES IN FUND BALANCES

Year ended March 31

	2024 \$	2023 \$
Revenue		
Donations	8,226,464	9,812,659
Lotteries (net)	13,797,475	14,321,394
Events (net)	488,747	580,852
	22,512,686	24,714,905
Grants - Alberta Health Services	438,384	437,127
Grants - other government	691	14,350
Investment income	7,833,786	6,389,278
	30,785,547	31,555,660
Expenses		
Operating expenses	8,260,144	7,747,121
Excess of revenue over expenditures before charitable disbursements	22,525,403	23,808,539
Charitable disbursements		
Alberta Health Services	10,100,684	11,364,036
University of Calgary	5,387,616	3,110,741
Other organizations	489,420	854,000
	15,977,720	15,328,777
Excess of revenue over expenditures and charitable disbursements	6,547,683	8,479,762
Fund balance, beginning of year	167,500,154	159,020,392
Fund balance, end of year	174,047,837	167,500,154

More firsts

in future impact



Cardiac care

Getting to the heart of the matter

Every 20 minutes someone in Canada dies from cardiac issues. Calgary Health Foundation is supporting transformative initiatives to advance cardiovascular health in Calgary and southern Alberta.

Cardiac catheterization labs (cath labs) are essential spaces for advancing cardiac care for patients of all ages by providing the ideal environment to perform less invasive cardiac tests and procedures to diagnose cardiovascular disease. Calgary Health Foundation is supporting the redevelopment of two more cath labs, after the successful opening of the first newly renovated lab in the fall of 2023. The cath labs enable early interventions that help prevent higher risk surgeries in the future and enable patients having minimally invasive procedures to spend less time in the hospital and recover more quickly.



Indigenous health

Promoting health equity + culturally appropriate care

Prioritizing healthcare equity means building a healthcare system that meets the unique needs of specific populations.

The needs of Indigenous communities are linked to unique practices tied to knowledge, traditions, medicine, and ceremonies passed down for generations.

That's why Calgary Health Foundation is supporting the development of Indigenous Healing Gardens at 11 acute and urgent care facilities in Calgary and surrounding communities. The gardens will combine plants, art, education, and cultural symbolism that provide healing to anyone accessing the site while being particularly mindful of the needs of Indigenous visitors.



Mental health

Raising hope: where healing begins

Approximately 60,000 Albertans are affected by eating disorders, with an estimated 140,000 additional people going undiagnosed.

Calgary Health Foundation has joined forces with Alberta Children's Hospital Foundation and Silver Linings Foundation to expand the province's current programs and services to create a comprehensive, connected, and multi-disciplinary care system for those with eating disorders right here in Calgary.

The new system will offer specialized care for individuals at different phases of their recovery.



Seniors' health

Growing older together

More than 725,000 Albertans are over the age of 65, a population that continues to climb faster than any other age group.

Calgary Health Foundation understands the need to prioritize the care, well-being, and support of aging Calgarians. Initiatives include programs to keep seniors active, socialized, and engaged—like the Move 'n Mingle class—specialized care services specific to the illnesses and injuries experienced by older adults—like the Calgary Fall Prevention Clinic—and initiatives that help seniors live independently at home for as long as possible. A focus on Seniors' Health also means supporting the professionals who care for older Albertans by providing them with the training, equipment, and resources to excel at their jobs.



Surgery

Transforming innovation in the OR and beyond

Innovation in surgery allows for new procedures, less invasive techniques, and enhanced support throughout the care journey.

The first Endoscopic Spine Surgery Program (ESS) in Canada is being launched at Foothills Medical Centre with the support of Calgary Health Foundation. ESS is an alternative to traditional back surgery. This ultra-minimally invasive spine surgery allows the surgeon to make smaller incisions, reduces tissue trauma and blood loss, decreases recovery time, and vastly improves the patient experience. The ESS program will ensure Calgary remains in the forefront of spinal surgery advancement, research, and education and will revolutionize spinal care in Southern Alberta and across Canada.



Women's health

Addressing inequality in care

Women's health is central to overall family health; however, women's unique health needs have not received equal attention, funding, and advocacy.

Calgary Health Foundation is supporting a research initiative that is multi-disciplinary, partnering with different research institutes to better understand diseases that are prevalent among women, such as cardiovascular disease, chronic pain, and osteoporosis.

We are also focused on developing a Women's Health Hub, which would address the expansion and innovation of high-demand services, such as pelvic floor health.



More firsts created together.



Calgary Health Foundation

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Calgary Health Foundation is a community-based charity that raises funds to advance healthcare in our city. We find opportunities to invest in excellence across the entire healthcare system, all to enhance outcomes and improve lives.

